



NYS Apples
NYS Potatoes
NYS Onions

March
2025 9-12



Lunch
LAKE SHORE



Menu is subject to change.

NYS LOCAL FOODS

*Upstate Farms

Milk, Yogurt, Sour Cream

Preston Farms

Assorted Varieties of Apples

Eden Valley Growers

Assorted Fruits & Vegetables

used in Meal Program

highlighted in green

The Following Entrees Served Daily:

Cheese or Cheese and Pepperoni
Pizza (2M2G)

10" Beef Taco (2M2G)

6" Subs and Wraps (2M2G)

Salads Made to Order
(Includes Flatbread) 2M2G

Peanut Butter & Jelly
Sandwich (2M2G)

Fruit & Yogurt Parfait
w/Flatbread(2M2G)

Offered daily
with all School Lunches:

Fresh or Prepared Fruit
(Must take ½ cup of Fruit or Vegetable
– may take up to 1 cup)

**NY State 8oz 1% or Skim
White Milk**

**Students Receive
Free Lunch**

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
|  Hop on Pop-corn Chicken Cat and the Hat Noodles 1/2c | 4 Nacho Grande w/Tostitos, Cheese & Salsa | 5 Lazy Lasagna w/Dinner Roll | 6 Loaded Potato Wedges w/Taco Meat, Cheese Sauce & Sour Cream/Salsa | 7 NO SCHOOL |
| 3 Truffula Trees (Broccoli) 3/4c Sam I Am Corn 1/2c Milk-8oz ** Hooray ** Sidekick Frozen Fruit Juice = ½ cup fruit | Baked Beans 1/2c Steamed Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | Mixed Vegetables 1/2c Fresh Carrots 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | NYS Carrots 3/4c Mixed Vegetables 1/2 Fresh or Prepared Fruit 1/2c Milk-8oz | SUPERINTENDENT'S CONFERENCE DAY |
| 10 Mozzarella Sticks w/Dipping Sauce | 11 Taco In A Bag w/Cheese and Salsa | 12 Hamburger/Cheeseburger On a Bun | 13 Chicken Tenders w/Dipping Sauce | 14 Grilled Cheese Sandwich |
| Green Beans 1/2c Sweet Potatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | Vegetarian Beans 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | Green Peas 1/2c Mixed Vegetables 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | NYS Carrots 3/4c Pinto Beans 1/2 Fresh or Prepared Fruit 1/2c Milk-8oz | 1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz |
| 17 Meatball Submarine w/Mozzarella Cheese | 18 Nacho Grande w/Tostitos, Cheese & Salsa | 19 Chicken Alfredo | 20 Mozzarella Sticks w/Marinara Sauce | 21 Macaroni and Cheese |
| Steamed Carrots 1/2c Potatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | Baked Beans 1/2c Steamed Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | Mixed Vegetables 1/2c Green Pepper Strips 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | NYS Carrots 3/4c Garbanzo Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | 1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c or Prepared Fruit 1/2c Milk-8oz |
| 24 Hamburger/Cheeseburger On a Bun | 25 Taco In A Bag w/Cheese and Salsa | 26 Goulash w/Dinner Roll | 27 Popcorn Chicken Bowl w/Mashed Potatoes | 28 Grilled Cheese Sandwich |
| Mixed Vegetables 1/2c Grape Tomatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | Vegetarian Beans 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | Green Beans 1/2c Fresh Baby Carrots 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | NYS Potatoes w/ Onion 1/2c Steamed Carrots 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz | 1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz |
| 31 Corn Dogs |  <div>  PAY FOR MEALS ONLINE  </div> | | If your Son or Daughter has a particular food allergy, please contact the school nurse and the food service office @ vera.spurrier@lscsd.org. Additionally, ingredient and nutritional information is available upon request | |
| Green Beans 1/2c Sweet Potatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz |  |  | | |